Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Thursday 30 Mar 2023 until 23:59 on Friday 31 Mar 2023

Forecast Issued on Thursday 30 Mar 2023 at 02:20 by Met Office Aberdeen

Confidence: High for Thursday. Low for detail on Friday and Saturday. High for drier weather on Sunday and Monday.

Headline for Thursday 30 Mar 2023: Bright with a few passing showers.

Mountain weather hazards on Thursday 30 Mar 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Low Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Fog	Sunny intervals	Light rain showers	Light rain showers	Sunny intervals	Partly cloudy (night)
Precipitation probability					
10%	20%	30%	30%	20%	10%

Forecast for Thursday 30 Mar 2023

Weather: Areas of low cloud around at first. Otherwise some sunny spells and occasional showers, these most frequent and briefly heavy this afternoon. Summits of the Nevis ranges will see some sleet or wet snow.

Chance of cloud-free hill tops above 800m: 70%, best chance this afternoon

Low Cloud and visibility: Very good visibility and great air clarity outside of cloud and showers. Areas of cloud down to 400 metres at first, this lifting through the morning with patches down to 750 metres by afternoon, this mostly as showers pass by.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Thursday 30 Mar 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	17/21 S	20/26 SW	19/24 SW	19/25 S	15/19 S	12/16 SE	12/16 SE
900	13/17 SW	16/20 SW	15/20 S	14/20 S	12/16 S	10/13 SE	12/16 SE
600	16/20 S	17/22 SW	15/20 SW	15/21 SW	11/14 S	6/9 E	5/8 SE
300	7/12 S	9/14 SW	10/15 S	10/16 SW	6/10 S	7/10 SE	4/8 NE
Glen	6/14 SW	9/15 SW	8/15 SW	9/18 SW	4/11 S	2/6 E	3/9 E

Height (m)	Temperature / Feels Like (°C)						
1300	1/-4	1/-5	2/-4	2/-4	2/-3	0/-4	0/-4
900	3/-2	3/-1	4/-0	5/0	4/0	2/-2	2/-2
600	5/1	6/1	7/3	7/3	7/4	6/4	6/4
300	7/5	8/5	9/6	9/7	9/8	8/6	7/6
Glen	8/6	9/7	12/10	11/9	10/9	8/8	7/6
Freezing Level*	1300m	1300m	1300m	1500m	1400m	1400m	1400m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Note cold temperatures at higher summit level.

Forecast for Friday 31 Mar 2023
Weather: Mostly dry in the morning but a few slow moving showers may break out in the afternoon and evening, perhaps merging into some longer spells of rain by evening. Chance of higher summit sleet or wet snow.

Maximum wind: Easterly 15 mph

Chance of cloud-free hill tops above 800m: 70%, best chance towards the west coast

Low Cloud and visibility: Good visibility with only small amounts of cloud down to 800 metres. Low cloud will become more extensive across the Trossachs after dark, lowering to 600 metres.

Temperature: **Glens:** Plus 7 rising to 14 Celsius
At 800m: Plus 5 Celsius
Freezing level: 1400 metres or higher

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